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How To: **Make Pancakes**

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Pancakes are always popular, not just on Shrove Tuesday

Pancakes are fun to make and just as enjoyable to eat.

Use this recipe to make pancakes in school or nursery on Shrove Tuesday. It makes 8-10 pancakes, but can easily be batched up if you want to make more. Simply double the quantities and follow the same method. The batter will keep in the fridge for several days.

Ingredients:

- 100g plain flour
- 1 beaten egg
- Half a pint of milk
- Pinch of salt
- Knob of butter
- Light vegetable oil or butter for greasing
- Sugar, lemon, honey or maple syrup to serve.

Make

- Sieve the flour and salt into a mixing bowl. Make a well.
- Add the beaten egg, milk and melted butter and beat into a batter.
- When smooth and roughly the consistency of paint, it's ready to cook.
- Grease a small frying pan and pour the batter into the centre when hot.
- Tilt the pan so that the batter covers the entire surface in a thin layer.
- As it cooks, flip or turn for a few seconds so that both sides are golden brown.
- Serve with a topping of your choice.

Tip

Lightly re-greasing the pan regularly will ensure that your pancakes don't stick.

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