

## Unit 1 – Jackie

### 1 Pre-Listening Comprehension

#### Normalisation – sentence stress

1. I've still got a dad that lives in Cardiff.
2. she's been in hospital as well
3. don't see them as often as we'd like
4. We've got quite a nice life.
5. We can travel a bit.
6. She's been out there for 30 years...

### 2 Listening Comprehension

#### A. Part 1 – Ticking boxes

1. 84
2. cousin
3. two boys
4. London
5. lastminute.com
6. part-time

#### B. Part 2 – Ticking boxes

1. palm
2. Australia
3. trains
4. two girls

### 4 Further Listening Practice

#### B. Discriminating between minimal pairs of sounds 1

1. live, leave, leave, live, leave
2. steal, still, steal, still, still
3. Luke, Luke, look, Luke, look
4. been, bin, been, bin, been
5. hip, heap, heap, hip, hip
6. side, side, site, side, site

#### C. Recognising individual words in a stream of speech 1 – weak forms

1. Well, I'm originally from Cardiff.
2. I've still got a dad that lives in Cardiff.
3. He's 84 and we try and get up and see him as much as possible um, especially at the moment...
4. he's just been into hospital for a couple of weeks, but he's out now and seems to be OK
5. she's been in hospital as well
6. he works in the centre of London
7. working for lastminute.com
8. so I've got a prospective daughter-in-law as well, which will be lovely

9. I work part-time at the local college, mainly May and June...
10. he's retired as well
11. we can travel a bit
12. She's been out there for 30 years, so I thought, thought it was time to go!

#### D. Recognising individual words in a stream of speech 2 – linking

1. but he's out now and seems to be OK
2. I've still got a dad that lives in Cardiff.
3. I have a, an elderly cousin that I look after...
4. she's been in hospital as well
5. one is married and lives in London and he works in the centre of London
6. He likes gardening and er, grows orchids...
7. He likes palm trees and er, plants from South Africa and Australia.

#### E. 'er' for pauses

1. and he works in the centre of London er, dealing with...
2. and my younger son er, lives in Hampshire
3. working for lastminute.com er, as their marketing and media man
4. No, he's retired as well. Er, he likes gardening and er, grows orchids.

#### F. Recognising individual words in a stream of speech 3 – elision

1. he's just been into hospital for a couple of weeks
2. working for lastminute.com
3. and the one in Hampshire has now just got engaged
4. I work part-time at the local college...
5. he's gone very exotic in his plant life down here
6. we've got quite a nice life
7. we can travel a bit and went to Australia last year
8. It's the first time I've ever been out there.

#### H. Discriminating between minimal pairs of sounds 2

1. west, rest, west, west, rest
2. loves, leaves, leaves, loves, leaves
3. live, life, live, life, live
4. palm, palm, balm, balm, palm
5. time, dime, time, dime, time
6. bit, bit, bid, bit, bid

**I. Recognising individual words in a stream of speech 4 – dictation**

1. he's just been into hospital for a couple of weeks
2. but he's out now and seems to be OK
3. she's been in hospital as well
4. but she's come out now
5. on the younger side I've got two sons
6. one is married and lives in London
7. he works in the centre of London
8. I work part-time at the local college...
9. we've got quite a nice life
10. She's been out there for 30 years...

**J. Contractions**

1. Well, I'm originally from Cardiff...
2. I've still got a dad that lives in Cardiff. He's 84...
3. Um, she's been in hospital as well...
4. we've got quite a nice life
5. It's the first time I've ever been out there.
6. She's been out there for 30 years...
7. he's just been into hospital for a couple of weeks
8. on the younger side I've got two sons
9. he's now working in London

**5 Further Language Development**

**A. Gap-fill**

No, he's retired as well. Er, he (1) likes gardening and er, grows orchids and loves... he's gone very exotic in his plant life down here. He likes palm (2) trees and er, plants (3) from South Africa and Australia. And he also likes engines, trains, steam trains and he builds them! When he's, when he's got (4) time he builds them. But yes, we've got quite a nice life and, as I said, because I (5) work part-time we can, we can travel a bit and went to Australia last (6) year to visit my sister who (7) lives out there. And she's got two (8) daughters er, so we've had a good time with them and er, seen how she lives. It's the (9) first time I've ever been out there. She's been out there for 30 (10) years so I thought, thought it was time to go!

**B. Extension exercise**

1. The house I live in is a long way from the train station.
2. We try to study as much as possible.
3. I am very happy at the moment.
4. Sam is in hospital with a broken arm.

5. We are going on holiday for a couple of weeks on 5<sup>th</sup> September.
6. My son has a cat, but I'm the person who looks after it.
7. My grandson works in a bank.
8. We don't go the gym as often as we'd like.
9. My sister got engaged last week. She's getting married next year.
10. On Sundays we normally visit friends or relations.
11. My father is retired now, but he was a teacher for nearly 40 years.
12. My friend grows tomatoes, potatoes and spinach in her garden.
13. Can you water my plants for me next week?
14. This is the first time I've been to India.
15. I think it's time to go – I'm very tired.

**C. Present simple and present continuous**

1. We (like) like our flat, but (try) are trying to find somewhere bigger so that we can start a family.
2. Thanks for phoning, but I (have) am having lunch with an old friend from school. Can I call you back?
3. I usually (visit) visit my grandmother on Sundays, so can we make it another day?
4. My father never (leave) leaves the house without checking that all the windows are shut.
5. I (study) am studying economics this semester, as well as politics and history, so I'm really busy
6. My best friend (stay) is staying with us for a few days which is really nice.
7. My next-door-neighbour (take) takes his dog for a walk at seven o'clock every morning, even at the weekend.

**D. Prepositions and adverbs**

1. I know I've got a Birmingham accent now, but I originally come from Bristol.
2. Whereabouts in London do you live?
3. I'm feeling a bit stressed at the moment because of my exams.
4. We're going to Greece for two weeks at the end of August.
5. Could you look after my cat while we're away?
6. Have you heard? Anne's in hospital with a broken leg!
7. Do you live in the centre of Boston?
8. My brother works for a company that makes saucepans.

9. I'm starting an art course next week at the local college.
10. My parents went to Paris for their anniversary.
11. Did you have a good time with Daniel on Saturday?

### **E. Transformations**

1. What subject are you (student) studying at university?
2. What was (live) life like in the 1970s?
3. Looking forward to (see) seeing you next week!
4. Could I (possible) possibly have next Friday off?
5. I only wear this necklace on (especially) special occasions.
6. I am the (younger) youngest student in the class by three days.
7. What's the (mostly) most you've ever paid for a holiday?
8. Everyone in my class is very (friends) friendly.
9. What's that big (builds) building over there? It looks like a theatre.
10. Because we live near the sea we get lots of (visit) visitors in the summer.

## Unit 2 – Micky

### 1 Pre-Listening Comprehension

#### A. Normalisation – recognising features of a London accent

- ‘Tammy an’ Tiffany’  
‘one, an’ one on the way’  
‘She has er, two brothers an’ two sisters.’
- ‘Tammy’s got two. Tiffany’s got one...’

#### B. Normalisation – anticipating the next word

- So you’ve got five children?
- Interviewer: All with the same wife?  
Micky: No. The first two, the oldest two with my first wife...
- So you’ve been married twice.
- Are your mum and dad alive?
- Have you got any uncles and aunties?

### 2 Listening Comprehension

#### Corrections

- There are five years between Tammy and Tiffany. three years between them
- Nathalie, Danny and Michelle are all in their 20s. Michelle is 19.
- The oldest three children all have the same mother. oldest two have the same mother
- Micky has four children altogether. He has five children.
- Tammy and Tiffany have both got one child. Tammy has got two.
- Micky has been married three times. married twice
- Micky’s partner Carole is in her 30s. She is in her 40s.
- Carole works in a shop. She works in a pub.
- Thomas is older than James. James is older than Thomas.
- Carole has got five brothers and sisters. four brothers and sisters.
- One of Carole’s sisters lives in England. One of her brothers lives in England.

### 4 Further Listening Practice

#### A. Falling intonation for statements

- Example
- She has er, three children[down].
- I don’t know her age[down].
- She has er, two brothers and two sisters[down].
- The others all live in Ireland[down].

#### B. Recognising individual words in a stream of speech 1 – linking

- So five altogether.
- she is 44 years of age
- Her eldest is Kim.
- Have you got any uncles and aunties?
- Has Carole got any brothers and sisters?
- one is in England
- The others all live in Ireland.

#### D. Discriminating between minimal pairs of sounds 1

- They are all three/free.
- It’s time/Tim!
- I can’t think/sink now.
- Look at your uncles/ankles!
- She works/walks very fast.

#### E. Recognising individual words in a stream of speech 2 – gap-fill

- I have er, a daughter called Tammy.
- So you’ve got five children?
- The first two, the oldest two, with my first wife.
- the other three children are from my second marriage
- Have you got any grandchildren?
- Have you got a partner at the moment?
- I don’t know her age.
- If I have I don’t know where they are.
- The others all live in Ireland.

#### F. ‘er’ for pauses

- I have er, a daughter called Tammy.
- Her name is Carole and er, she is 44 years of age.
- She has er, three children.
- She has er, two brothers and two sisters.

#### G. Sentence stress

- The first two, the oldest two, with my first wife.
- the other three children are from my second marriage
- Tammy’s got two.
- Her name is Carole and er, she is 44 years of age.
- She has er, three children. Her eldest is Kim.
- Her mum is alive.
- The others all live in Ireland.

**I. Discriminating between minimal pairs of sounds 2**

1. called, called, cold, cold, called
2. thirst, first, thirst, first, thirst
3. years, jeers, years, years, jeers
4. his, his, is, is, his
5. alive, arrive, arrive, alive, alive
6. life, live, life, live, life

**J. Recognising individual words in a stream of speech 3 – weak forms**

1. Starting with children?
2. The first two, the oldest two, with my first wife.
3. the other three children are from my second marriage
4. Three, with two on their way.
5. Divorced once, pending now for the second time.
6. She works with me in the pub.
7. One is in England...one of her brothers.

**K. Recognising individual words in a stream of speech 4 – elision**

1. I have er, a daughter called Tammy aged 34...
2. Interviewer: All with the same wife?  
Micky: No. The first two, the oldest two, with my first wife.
3. the other three children are from my second marriage
4. Have you got any grandchildren?
5. Um, so you've been married twice.
6. And you're just waiting...

**5 Further Language Development**

**A. Extension exercise**

1. Suki has two sons and one daughter.
2. I met my wife at a party. We got married nine years ago.
3. A lot of young people don't believe in marriage. They live with their partners instead.
4. I have six grandchildren. My daughter has two boys and my son has three girls and a boy.
5. My sister is expecting a baby next March.
6. I've been married for three years.
7. My partner and I are getting married next year.
8. My oldest brother works in my father's restaurant.

9. My mother's father is still alive, but her mother died in 1995.
10. Have you got any children yourself?

**B. Personal pronouns into possessive pronouns**

1. Where did you park (you) your car?
2. Have you met (I) my brother Simon?
3. Did your parents enjoy (they) their holiday?
4. Do you like (we) our new carpet?
5. My son can't stop talking about (he) his new girlfriend.
6. My sister met (she) her husband at university.
7. The cat has got (it) its own bed in the kitchen.

**C. Cardinal numbers into ordinal numbers**

1. This is the (3) third time he's rung me today.
2. This is the (4) fourth time we've been to Portugal on holiday.
3. This is the (5) fifth day it's rained in a row.
4. Turn into Somers Road and we're the (6) sixth house on the right.
5. What's the date today? Is it the (7) seventh or the (8) eighth?
6. Isn't *i* the (9) ninth letter of the alphabet?
7. We're having a party on the (10) tenth. Can you make it?

**D. does, doesn't and don't**

1. We don't normally eat white bread.
2. I'm sure Peter doesn't like dogs, so we'll have to put Spot in the garden when he gets here.
3. What does your mother work as?
4. Who does the cooking? You or your husband?
5. Why don't we meet up for a coffee sometime?
6. My brother doesn't say much because he's quite shy.
7. What time does your train leave?
8. You don't look very well. Are you OK?
9. My suit doesn't fit me any more. I must go on a diet.
10. Why don't Peter's parents eat potatoes?

## Unit 3 – Tammy

### 1 Pre-Listening Comprehension

#### B. Normalisation – gap-fill

Name: Tammy St. John

Address: 313a Hainault Road, London

Telephone number: (work) 0208 550 3451  
(mobile) 17742135211

Date of Birth: 9<sup>th</sup> December 1961/09.12.1961  
(British), 12.09.1961 (US) (Tammy's actual  
words: '9<sup>th</sup> of the 12<sup>th</sup>, '61')

### 2 Listening Comprehension

#### A. Multiple choice

1. Tammy's mother was born in Scotland/Canada/Germany.
2. Tammy's grandfather had to leave Prussia/Persia/Russia.
3. Tammy was born in Canada/Germany.
4. Tammy's father was in the British Army/German Army/Canadian Army.

#### B. Note-taking

1. Age: 50
2. Married/Single: married
3. Number of children: one
4. Lives in: Ontario
5. Job: teacher
6. Lives in: Alberta
7. Number of children: one

#### C. Gap-fill

1. Tammy's second-oldest sister Nancy is married to Tony and lives in Whistler.
2. Tammy brother Brian has three kids.
3. The oldest child is going to start college soon.
4. Tammy's brother Bruce has two little girls.
5. Bruce and his wife recently bought a house for the first time.

#### D. Questions

1. 'gorgeous'
2. because her mother was in hospital
3. by car ('I've always just driven up.')
4. No (Interviewer: 'It sounds wonderful.'  
Tammy: 'You guys should try it.')

### 4 Further Listening Practice

#### A. Recognising individual words in a stream of speech

1. But my mum's parents were both from Germany.
2. He's married with one child.
3. they don't have kids between the two of them
4. they have a nice life up there
5. and they've just bought their first house
6. I've always just driven up.

#### C. Discriminating between minimal pairs of sounds 1

1. day, they, they, day, they
2. had, had, hat, hat, had
3. fairly, fairy, fairly, fairy, fairy
4. leaves, lives, leaves, lives, leaves
5. try, try, dry, dry, try

#### D. Contractions

1. And (that is) that's why we ended up in Chilliwack...
2. (He is) He's married with one child.
3. And then (I have) I've got another sister...
4. they (do not) don't have kids between the two of them
5. then (there is) there's Brian – married, three kids
6. His oldest (one has) one's just graduated from high school...
7. and (they have) they've just bought their first house which (they are) they're rather excited about
8. (I have) I've been there a few times.
9. I (did not) didn't make it last time...

#### F. Discriminating between minimal pairs of sounds 2

1. udder, other, udder, other, other
2. bid, bit, bid, bit, bit
3. fifty, fifteen, fifty, fifteen, fifty
4. high, high, eye, high, eye
5. spend, spent, spend, spent, spent

#### G. Linking

1. Well, I was actually born there.
2. He was an engineer...
3. I have five brothers and sisters.
4. He lives in Ontario.
5. He's a great guy.
6. she's a stepmom to his kid

**I. Discriminating between minimal pairs of sounds 3**

1. ether, either, either, ether, either
2. began, began, begun, began, begun
3. there, there, dare, dare, there
4. kit, kid, kit, kid, kid
5. gorges, gorgeous, gorges, gorges, gorgeous

**J. Simplification – elision**

1. And I'm not sure how my grandmother got to Canada either.
2. My sister called Susan lives in Ed...Alberta.
3. He's a great guy.
4. And then I've got another sister who's er, married to Tony...
5. and my youngest brother Bruce
6. His oldest one's just graduated from high school...
7. they've just bought their first house
8. I didn't make it last time 'cos of mum being in hospital...
9. I've always just driven up.

**K. Simplification – weak forms**

1. Um, your parents, did they originally come from Scotland, or...?
2. They were both born in Ontario...
3. He was at Moscow University when all the troubles began...
4. dad was in the army
5. He's married with one child.
6. and they spent a lot of time in an Indian village
7. Then I've got another sister who's er, married to Tony.
8. His oldest one's just graduated from high school, starting college...
9. and they've just bought their first house, which they're rather excited about
10. I didn't make it last time 'cos, 'cos of mum being in hospital...

**5 Further Language Development**

**A. Extension exercise**

1. My parents moved to a mobile home once we'd all left home.
2. Los Cristianos was originally a little fishing village, but now it's a major tourist resort.
3. I was born on Christmas Day as well!
4. We got out at the wrong station, so we had to buy another ticket.
5. What does your wife work as?

6. Katie's the youngest student and Petra is the oldest.
7. Stefan and Carla are getting married next year.
8. We spent so much money on holiday! We've never been anywhere so expensive before.
9. I used to get a lot of headaches when I was a child.
10. We live in a small village of about 2,000 inhabitants.
11. We had a great time on holiday. You should have come with us!
12. I'm going to have huge party when I graduate from university.
13. Sarah bought me a new top for my birthday. Isn't it wonderful?
14. I'm really excited about my new job.
15. This lasagne is gorgeous! Would you like to try some?
16. We're having a barbecue next Saturday. Can you make it?
17. Christoph's in hospital with a broken leg so I'm going to visit him later.
18. When we were in Norway we took a train from Oslo to Bergen.
19. Don't worry about cooking us dinner. We'll just have a sandwich.
20. You've got a terrible cough. You should go to the doctor.

**B. Questions with do/does and did**

1. Do you like swimming?
2. Did you close the window before we left?
3. Did you enjoy the party last night?
4. Does it rain a lot in Boston?
5. Do you ever have to work late?
6. Does this train go to Wigan?
7. Did you study Latin when you were at school?
8. Do you want to stop now for a cup of coffee?
9. Did she like the present you got her for her birthday?
10. Does your garden get a lot of sun?
11. Do you know if Martin passed his driving test?
12. Does your teacher give you a lot of homework?

**C. Transformations**

1. It's Alain's (birth) birthday on Saturday, so don't forget to send him a card.
2. Thanks for lending me that book. It was very (interested) interesting.

3. My sister Caroline is two years (oldest) older than me.
4. Sarah loves (child) children so she's going to train to be a (teaching) teacher.
5. We used to (live) live in Boston, but we moved to Vermont when we had the kids.
6. We're going to (bought) buy a new car next week.
7. This book is so (excited) exciting! You must read it!
8. We (taken) took our kids to the circus last week and the loved it.
9. Do you like (driven) driving?
10. I (works) worked through my lunch break so I'm starving! What's for dinner?



## Unit 4 – Anne-Maj

### 1 Pre-Listening Comprehension

#### Normalisation

1. Anne-Maj comes from west Sweden.
2. She lives in a town called Trollhättan.
3. She has three daughters.
4. Annette is 43, Marie will be 42 in September and Camilla is 39.
5. Anne-Maj had eight grandchildren – six girls and two boys.
6. Her oldest grandson will be 22 in December and her youngest grandchild is 11.

### 2 Listening Comprehension

#### A. Gap-fill 1

1. Erika, Hannah, Daniel, Magnus, Marcus, Patrik, Mathias and Martin.
2. Anne-Maj's oldest grandson got his own flat a month ago.
3. He's got a girlfriend, but he is planning to live on his own at least for now.

#### B. Questions

1. three brothers and two sisters
2. 67
3. 53
4. 150 kilometres (15 Swedish miles)
5. Tidaholm

#### C. Gap-fill 2

1. Arne has two girls and four grandchildren.
2. Pernilla is 35 and Susanna is 32.
3. Pernilla's son Leo is three and her other son, Samuel, is six.
4. Susanna's oldest daughter is called Julia and she is 13 years old.
5. Susanna's other daughter is called Ellen and she's ten years old.
6. Anne-Maj and Arne have known each other for 25 years and been married for 22.

### 3 Further Language Development

#### A. Extension exercise

1. I originally come from Boston, but I've spent most of my life in Chicago.
2. How do you say 'good morning' in Japanese?
3. How do you spell ceiling? Is it c-i-e or c-e-i?
4. The attic is at the top of a house. It's the space under the roof.

5. I'm quite hungry. Can we eat soon?
6. I can't wait to hear all about your holiday.
7. My brother Adam is also a teacher.
8. I can't remember when Bruno's birthday is. Can you?
9. My parents got married in 1990 and I was born in 1992.
10. When I got my first job I rented a little one-bedroom flat in the centre of Birmingham.
11. I quite like living on my own because you can do whatever you want.
12. He says he can't come out because he's in the middle of his exams and he's got to study.
13. I have a much better relationship with my brother now than when we were kids.
14. Our house is quite close to the station so we can pick you up if you like.
15. I've got four brothers so I'm the only girl.
16. My dad works in a law firm and my mum is the manager of a sports centre.
17. Only one of my grandparents is still alive – my mother's father who's 80 and lives in Baltimore.

#### B. Family members

1. My mother's father is my grandfather.
2. My father's sister is my aunt.
3. My mother's brother is my uncle.
4. My aunt's daughter is my cousin.
5. My father's mother is my grandmother.
6. My sister's daughter is my niece.
7. My brother's wife is my sister-in-law.
8. My brother's son is my nephew.
9. My daughter's son is my grandson.

## Unit 5 – Danny

### 2 Listening Comprehension

#### Corrections

1. Danny has got two brothers. He's got two sisters.
2. He has two younger sisters. He has one older sister and one younger sister.
3. His sisters live with Danny's father. They live with his mother.
4. His younger sister is 23. His older sister is 23.
5. His other sister is 20. She is 19.
6. Danny is 29. He's 21.
7. Nathalie works with old people. She works with children.
8. Danny's dad has a sister. He has a brother.
9. Danny's uncle is a few years younger than his dad. He's a few years older than his dad.
10. Danny's mother has three half-sisters. She has two half-sisters.
11. Danny has two grandparents. He has one grandparent.
12. His mother's father is still alive. His mother's mother is still alive.
13. A lot of Danny's cousins live in Australia. They live in America.
14. Danny was planning to go to America this winter. He was planning to go this summer.

### 3 Further Language Development

#### A. Extension exercise

1. I've got three cousins in New Zealand. They're my mother's oldest brother's children.
2. My sister is three years older than me, so she's always telling me what to do.
3. I'm living with my parents at the moment, but I'm hoping to get my own place soon.
4. Do you get on well with your parents?
5. Is your brother older or younger than you?
6. I want to work for a few years before I go to university.
7. Can you remember what time the library shuts on Saturdays?
8. Most of my family on my father's side live in Wales.
9. Don't you think Zack is a strange name for a boy?
10. We're planning on going to Australia next year so we need to save up.

#### B. Prepositions

1. Come and tell me all about your holiday. Did you have a good time?
2. I went to London last weekend with an old school-friend.
3. Would you like a bit of dessert? It's too much for me to eat.
4. Sorry, we're right in the middle of dinner. Can I call you back?
5. I get on better with my mother than my father.
6. My father grew up in Connecticut, but he moved to Boston when he was 20.
7. I've got a lot of homework to do, so I can't come out tonight.
8. We're planning on taking our parents to Athens this summer as a surprise.
9. I wanted to be doctor when I was young, but I ended up working in a supermarket.
10. I'm feeling a lot better at the moment. I think it's because I'm eating healthier and doing more exercise.

## Unit 6 – Dorothy

### 1 Pre-Listening Comprehension

#### A. Normalisation – sentence stress

1. if you're interested in what my husband has...
2. and two slices of toast with marmalade on them
3. And if it's raining, I might do some housework.
4. if it's a shopping day we go out and do our shopping together
5. we always take a list
6. we have our evening meal quite early

#### B. Normalisation – anticipating the next word

1. 'So one day I might clean downstairs and another day I might clean upstairs'.
2. 'So at about 11 o'clock I will usually say to my husband'
3. 'Would you like a cup of coffee' (accept tea)
4. 'Um, if it's a shopping day we go out and do our shopping together. We go to the supermarket'
5. 'And then in the evening um, we might sit and watch television'

### 2 Listening Comprehension

#### A. Part 1 – Ticking boxes

1. eight
2. shower
3. trousers
4. an orange
5. two
6. cup of coffee

#### B. Part 2 – Ticking boxes

1. the newspaper
2. 30
3. cup of coffee
4. 10
5. a banana

#### C. Part 3 – Ticking boxes

1. three
2. reads a book
3. half-past six
4. a glass of wine
5. 11 to 11.30pm

### 4 Further Listening Practice

#### B. Discriminating between minimal pairs of sounds 1

1. I like your new skirt/shirt.
2. What a beautiful cup/cup!
3. Here's your pole/bowl.
4. I always clean/cream my face before I go to bed.
5. I can't see the wheel/veal.
6. Have you seen my list/wrist?
7. What a big loom/room!
8. Where's the cart/card?
9. I don't know where to place my bet/bed.
10. The name of the film is The Big Slip/Sleep.

#### C. Intonation – falling intonation for statements

1. my breakfast never varies[down]
2. the porridge is, is good[down] for him
3. we go out and do our shopping together[down]
4. I sit and read the paper[down].
5. We take the Guardian[down].

#### D. Recognising individual words in a stream of speech 1 – dictation

1. I usually have a shower.
2. We have breakfast around a quarter to nine...
3. the house doesn't get very dirty
4. We don't usually have lunch.
5. If it's a shopping day, we go out and do our shopping together.
6. We have our evening meal quite early.
7. So we eat quite a lot of salad and quite a lot of vegetables.

#### E. Contractions

1. I always um, clean and cream my face, because that's supposed to be a good thing for your skin, so I don't forget to do that.
2. Then I decide what I'm going to wear...
3. Um, if you're interested in what my husband has...
4. Um, when I've read the paper then that's the point when I decide what I'm going to do for the day.
5. And if it's raining, I might do some housework.
6. If it isn't raining, I don't want to waste time indoors...

- the house doesn't get very dirty because there's only my husband and I um, to make a mess in it
- it takes about 10 minutes because it's a very easy crossword
- We don't usually have lunch.
- Um, if it's a shopping day we go out and do our shopping together.
- We always take a list so that we're not wasting time...
- we might sit and watch television, if there's anything interesting to watch

**F. Recognising individual words in a stream of speech 2 – elision**

- my breakfast never varies
- Summer and winter?
- What paper do you get?
- they get cleaned more frequently than the rest of the house
- a soft drink
- We have it at about half-past six.
- I tend to alternate between a cooked meal one day and a salad meal the next day.

**H. Discriminating between minimal pairs of sounds 2**

- right, light, right, light, right
- always, hallways, always, always, hallways
- tend, tend, tent, tent, tend
- has, as, has, as, has
- seat, seat, sit, seat, sit
- tame, time, tame, tame, time

**I. Recognising individual words in a stream of speech 3 – weak forms**

- So, Dorothy, can you tell me about a typical day?
- that's supposed to be a good thing for your skin, so I don't forget to do that
- we have breakfast around a quarter to nine
- the porridge is, is good for him
- What paper do you get?
- that's the point when I decide what I'm going to do for the day
- I might do some housework.
- so I go out and do something in the garden
- they get cleaned more frequently than the rest of the house
- And I make coffee for both of us.
- We always take a list so that we're not wasting time...

- We will often have a glass of wine er, with our, our evening meal.
- we might sit and watch television...
- And er, usually that's enough to send us off to sleep.

**J. Recognising individual words in a stream of speech 4 – linking**

- a cup of coffee
- I sit and read the paper.
- there's only my husband and I um, to make a mess in it
- it takes about 10 minutes because it's a very easy crossword
- a drink of something
- We go to the supermarket which is about three miles away...
- We have it at about half-past six.
- usually that's enough to send us off to sleep

**5 Further Language Development**

**A. Gap-fill**

So at about 11 o'clock I will usually say to my (1) **husband**, 'Would you like a (2) **cup** of coffee?' And I (3) **make** coffee for both of us. And then we (4) **sit** down together and do the Quick Crossword in The Guardian newspaper which, on a bad day, it (5) **takes** about 10 minutes because it's a very (6) **easy** crossword.

Um, we don't (7) **usually** have lunch. Um, we might have a banana at lunchtime and a (8) **drink** of something, a soft drink or, or tea or coffee.

Um, if it's a shopping day we go out and do our shopping (9) **together**. We go to the (10) **supermarket** which is about three (11) **miles** away, and um, we wheel the trolley round together. We always take a (12) **list** so that we're not wasting time and er, find when we get (13) **home** that we've forgotten something.

And er, and then um, what do we do then? Um, well (14) **my** husband will (15) **often** disappear upstairs to do things on the computer. And I will often settle myself down in the sitting room with a (16) **book**.

Um, we have our (17) **evening** meal quite (18) **early**. We have it at about (19) **half-past** six. And, um, I tend to alternate between a cooked meal one day and a salad meal the next day. So we eat quite a lot of salad and quite a lot of (20) **vegetables**. Um, and we will often have a (21) **glass** of wine er, with our, our evening meal.

And then in the evening, um, we might sit and (22) **watch** television, if there's anything interesting to watch.

### B. Extension exercise

1. We get up at about 10 o'clock on Sundays.
2. My husband always has a bath in the morning, but I prefer a shower.
3. He always forgets to clean the bath afterwards.
4. Don't forget to get some milk!
5. My father retired when he was 65, but before that he worked in a factory.
6. How many slices of toast do you want?
7. I have a box of cornflakes for breakfast every morning.
8. The only housework I like is ironing. I can't stand cleaning or polishing.
9. My daughter keeps her room very tidy – everything is always in its place.
10. Your shoes are very dirty – can you take them off, please?
11. I'm sorry I made a mess in the kitchen – I'll clean it up in a minute.
12. It takes about 10 minutes to walk to the shops from here.
13. "Hi, Clare. I'm in the supermarket but I've forgotten the shopping list. What do we need?"
14. Would you like a cooked meal, or shall we just have some salad as it's so hot?

### C. Prepositions and adverbs

1. What time do you normally get up on a Sunday?
2. I'm just going to put on a warmer jacket.
3. We're hoping to have a barbecue, but it depends on the weather.
4. Could I have another slice of toast, please?
5. You should meet my sister. She's really interested in politics, too.
6. Have some more carrots. They're good for you.
7. What would you like to drink with dinner?
8. I was really lazy yesterday. I stayed in bed in all morning.
9. I think James is in his room playing games on his computer.

### D. Transformations

1. We're not expecting rain – just a few (shower) showers.

2. My boyfriend's mother is very house-proud. She's always (clean) cleaning the kitchen when I go round.
3. Oh no! I've (forget) forgotten to buy Sam a birthday present.
4. Can you put another slice of bread in the (toast) toaster for me?
5. This book's really (interested) interesting. You must read it after me.
6. There are more (weeding) weeds than flowers in my garden!
7. If you're a (frequently) frequent flyer then you can get cheaper plane tickets.
8. Hurry up! There's no time to (wasting) waste!
9. I love (cooked) cooking, but I never seem to get to do any these days.
10. His new girlfriend's a (vegetables) vegetarian which is a bit difficult when we have them over for dinner.
11. Sorry, can I call you back? I'm (watch) watching a really interesting programme on television.

### E. Matching words with definitions

1. Something which covers your whole body, from head to foot: skin
2. The front of your head: face
3. Bread made warm, brown and crisp by being near a high heat: toast
4. A kind of jam made from oranges: marmalade
5. Cooking, cleaning, ironing, etc.: housework
6. The unwanted plants which grow in a garden: weeds
7. The opposite of clean: dirty
8. A non-alcoholic drink: a soft drink
9. A shop which sells food items and items for the home where the customer takes things from the shelves and pays at a till: a supermarket
10. A unit of distance equal to 1.6 kilometres: a mile

## Unit 7 – Peter

### 1 Pre-Listening Comprehension

#### A. Normalisation – two typical features of a London accent

1. Leave home, drive to Stevenage in Hertfordshire...
2. read my post an' then start whatever's at hand for the day
3. So something between 12 an' 2, normally.
4. An' then back in the car...
5. I normally 'ave a cup of tea...
6. Then I go an' 'ave a shower or a bath...
7. take up some strange habits and hobbies down there
8. Between half-eleven an' 12 o'clock

#### B. Normalisation – anticipating the next word

1. 'don't shower or bath in the.....' morning
2. 'Normally I always have a cup of tea and something to.....' eat
3. 'Switch on the computer, look at emails read my...' post
4. 'Do you have dinner as soon as you get...?' home
5. 'Watch telly for an hour or so, then I go and have a shower or.....' a bath

### 2 Listening Comprehension

#### A. Part 1 – Ticking boxes

1. 6.45am
2. wash
3. 7.45am
4. drives
5. 9am
6. the kettle
7. 30 minutes
8. 12 and 2pm

#### B. Part 2 – Ticking boxes

1. 5 and 5.30pm
2. a cup of tea
3. wife
4. 7 and 7.30pm
5. watches television
6. 11.30 and midnight

### 4 Further Listening Practice

#### A. Recognising individual words in a stream of speech 1 – dictation

1. Do you get a lunch break?
2. Do you have to take your lunch between those hours?
3. What time do you leave work?
4. And do you have dinner as soon as you get home?
5. What time do you go to bed?

#### B. Making the 'er' sound when pausing

1. Example
2. I'm normally ready to leave home about *er*, seven forty-five.
3. I do have a lunch break but it's *er*, half an hour...
4. I have *er*, a workshop...

#### D. Discriminating between minimal pairs of sounds 1

1. You must wash/watch this.
2. This work/walk is very hard.
3. I am very angry/hungry.
4. This is the back/pack.
5. What a long bath/path!

#### E. Sentence stress

1. Leave home, drive to Stevenage in Hertfordshire.
2. Locate myself at my desk, and switch on the computer, look at emails, read my post.
3. It's not at a regular time.
4. From the time I get hungry to the time I'm not.
5. And then back in the car, back down the motorway.
6. I normally have a cup of tea, a chat with the wife.
7. Watch telly for an hour or so. Then I go and have a shower or a bath and watch some more telly.
8. Sometimes I do other things.

#### F. Recognising individual words in a stream of speech 2 – weak forms

1. quarter to seven
2. have a cup of tea and something to eat
3. and arrive at work approximately nine, nine o'clock
4. locate myself at my desk

- look at emails, read my post
- It's not at a regular time.
- It can be anything between... from... well, from the time I get hungry to the time I'm not.
- back to Walthamstow for about six-thirty
- Watch telly for an hour or so.
- I have er, a workshop that I disappear to from time to time.

### G. Contractions

- I'm normally ready to leave home about er, seven forty-five.
- ...and it varies. It's not at a regular time.
- from the time I get hungry to the time I'm not
- until I feel it's time to come back
- That's the average.

### I. Discriminating between minimal pairs of sounds 2

- leave, leaf, leaf, leave, leaf
- and, hand, and, hand, hand
- shoes, shoes, choose, choose, shoes
- feel, feel, file, feel, file

### J. The glottal stop

- a light breakfast
- and then start whatever's at hand for the day
- Well, yes, I do have a lunch break, but it's er, half an hour and it varies...
- It's not at a regular time.
- from the time I get hungry to the time I'm not
- and then I normally eat round about seven o'clock...
- until I feel it's time to come back ready for bed

## 5 Further Language Development

### A. Extension exercise

- I'm really hungry. Can I have a sandwich, please?
- It's very dark in here. Can you switch on the light?
- Shall we have tea or coffee? You choose.
- I usually phone my mother for a chat every Thursday.
- Are you ready to leave? Omar's waiting in the car.
- I have lunch at approximately 1 o'clock.
- We don't normally go out in the evenings.

- I need you to help me choose what to wear for my interview on Friday.
- If you're hungry make yourself some toast.
- Our plane leaves at 10, so we must be ready to leave here at six o'clock.
- Can you switch on the television?
- I don't like dogs, but I love cats.

### B. Prepositions

- Could I have another cup of coffee, please?
- I don't know if I'm going to have lunch today. It depends on how busy we are.
- We didn't get up until 10 o'clock this morning, so we'd slept for nearly 10 hours.
- There wasn't much traffic so we arrived at the airport nearly three hours early.
- I'm going to bed. I've got a busy day tomorrow.
- Would you like a chat with your dad? He's just got in.
- We're going shopping in the morning. Do you need anything?
- Could you switch on the light? It's a bit dark.
- Came and look at this photo of James. It's brilliant.

### C. Transformations

- I'm doing some (wash) washing later. Have you got any dirty clothes?
- We've stopped (eat) eating chocolate because we're trying to lose weight.
- Petra's got her (drive) driving test next week. I hope she passes this time.
- I (switch) switched on my computer yesterday and nothing happened, so I had to call an engineer out.
- You've got a (choose) choice of sandwiches – ham, cheese or beef.
- I (leave) left work early today because of the snow.
- The (soon) sooner you go to the dentist the better.
- This book is really (interests) interesting. You'll have to read it after me.
- Police are investigating the (disappear) disappearance of a 17-year-old girl from Devon.
- How are you (feel) feeling? Have you got over your cold?

## Unit 8 – Jill

### 1 Pre-Listening Comprehension

#### B. Normalisation – anticipating the next word

1. 'I leave the house at seven...' thirty
2. 'walk to the bus...' station
3. 'we're allowed half an hour for...' lunch
4. 'Then you have er, a 15-minute break in the...' afternoon
5. 'Meet some...' friends.

### 2 Listening Comprehension

#### A. Putting events in order

- 1 brushes her teeth  
3 has a cup of coffee  
2 goes downstairs

#### B. Corrections 1

1. Jill lives in a flat. a house ('I leave the house')  
2. She leaves home at 7.15. 7.30  
3. She catches the W50 bus to work. W15  
4. She starts work at 7.45. 8 o'clock  
5. She has a cup of tea at about 8.30. cup of coffee  
6. She has an hour for lunch. half an hour

#### C. Ticking boxes

1.  She has a cup of tea.
2.  She sleeps for half an hour.
3.  She watches TV.
4.  She reads a book.
5.  She has a bath or a shower.
6.  She cooks dinner.
7.  She reads a newspaper.
8.  She talks to her friend.

#### D. Corrections 2

1. Jill goes to the pub at about 9.30pm. about 10 o'clock
2. She meets her sister in the pub. 'Meet some friends.'
3. She comes home about 10.30. about 11.30
4. She goes to bed between 11pm and midnight. between midnight and one o'clock

### 4 Further Listening Practice

#### B. Discriminating between minimal pairs of sounds 1

1. I must wash/watch this.
2. This cup/cub is really small.
3. I can't believe she's thirty/dirty already.
4. You can see the bus/pus.
5. The pup/pub is called Bentleys.
6. That's a very large bed/bet.

#### C. Sentence stress

1. when I'm working, I get up at 7 o'clock
2. I go to the bathroom and have a wash and brush my teeth.
3. And if I have time, I make myself breakfast.
4. we then do the operations during the course of the day
5. If you can, you take a break round about 10 to ten-thirty.
6. Watch a bit of television, talk to my friend, talk about my day...

#### D. Recognising individual words in a stream of speech 1 – linking

1. I get\_up\_ at seven o'clock.
2. have a wash and brush my teeth
3. a cup \_of coffee
4. the course \_of the day
5. we're allowed half \_an\_ hour for lunch
6. my shift finishes \_at six o'clock

#### E. Recognising individual words in a stream of speech 2 – dictation

1. I go to the bathroom and have a wash and brush my teeth.
2. And if I have time I make myself breakfast.
3. What kind of things do you have for breakfast?
4. The night staff will come on at eight and take over from you.
5. How do you get home from the hospital?
6. What do you do when you get home?
7. I generally have a bath or a shower and relax.

#### G. Discriminating between minimal pairs of sounds 2

1. teeth, tease, teeth, teeth, tease
2. leaf, leave, leaf, leave, leaf
3. catch, cash, cash, catch, catch
4. walk, walk, work, work, walk
5. send, sent, sent, send, sent

#### H. Contractions

1. when I'm working I get up at 7 o'clock



2. In the winter I'll have porridge...
3. It's round about 20 minutes... 15 minutes if you're very busy.
4. And then we're allowed half an hour for lunch.
5. Sometimes if you're busy you can't take your lunch.
6. and then round about 10 o'clock we'll go up to the pub
7. but I don't like going to bed early

**I. Recognising individual words in a stream of speech 3 – weak forms**

1. I go to the bathroom and have a wash and brush my teeth.
2. And if I have time I make myself breakfast.
3. What kind of things do you have for breakfast?
4. walk to the bus station
5. I generally will have a cup of coffee about eight-thirty...
6. And then we're allowed half an hour for lunch.
7. So, how do you get home from the hospital?

**K. Discriminating between minimal pairs of sounds 3**

1. hate, hate, eight, hate, eight
2. pick, Bic, Bic, pick, pick
3. safes, saves, safes, saves, safes
4. bit, bid, bit, bid, bit
5. bed, bed, bet, bed, bet

**L. Making the 'er' and 'um' sounds when pausing**

1. Example
2. Interviewer: What kinds of things do you have for breakfast?  
Jill: Um, toast or cereal.
3. Um, I leave the house at seven-thirty and er, walk to the bus station.
4. Er, we then do the operations...
5. Then you have er, a 15-minute break in the afternoon.
6. I can get a bus. The W15 again. Or er, my friend comes to pick me up in the car.

**5 Further Language Development**

**A. Extension exercise**

1. In the summer I usually walk to work.
2. Would you like some orange juice?

3. We live near a train station, but we go to work by bus.
4. Jan is in hospital with a broken leg.
5. I am very busy at the moment. Can I call you back later?
6. My husband gets up very early in the morning – at 5 o'clock.
7. Is anyone in the bathroom? I want to have a shower.
8. We normally have dinner with friends every Sunday.
9. It's late and I'm going to bed. I need to get up early tomorrow.
10. We have a big bathroom downstairs and a shower room and toilet upstairs.
11. I don't want to walk. Can we take a taxi? I'll pay.

**B. The simple past of regular and irregular verbs**

1. I (work) worked nearly 10 hours yesterday, so I was exhausted when I (get) got home.
2. We (go) went to Spain last month for a short holiday last month and it (be) was great. We (have) had a wonderful time.
3. I (make) made a fruit cake yesterday. Would you like a slice?
4. We (leave) left here at 4am and we (be) were in Paris at lunchtime.
5. I (walk) walked to work yesterday because it (be) was such a beautiful day.
6. Sorry I'm late. I (catch) caught the wrong bus.
7. Sarah says she (start) started her Christmas shopping in June! Can you believe it?
8. We (organise) organised a surprise party for our father's 60<sup>th</sup> birthday as well and it (go) went really well.
9. We (send) sent out a hundred invitations and nearly everyone (come) came.
10. We (do) did a lot of sailing when we were younger, but not any more.
11. I (take) took this photograph on holiday in Japan.
12. Thierry (start) started the marathon at 8am and (finish) finished six hours later.
13. We (save) saved nearly £200 last month for a new car.
14. We (watch) watched a brilliant programme on telly last night called *Miranda*. Did you see it?
15. It (be) was lovely to see her again, but all she (talk) talked about was her new boyfriend, so I (get) got a bit bored.
16. I (meet) met a really nice man at a party last week. He (say) said he'll give me a call

when he's next in New York and we can go out for a drink.

17. I (know) knew it was a bad idea to come here on a Saturday night!

## Unit 9 – Catherine

### 1 Pre-Listening Comprehension

#### Normalisation – questions

1. between 7 and 7.45am
2. mushrooms, tomatoes, bacon and egg
3. at 9 o'clock

### 2 Listening Comprehension

#### Gap-fill

1. Catherine works in an office by herself.
2. She usually has a cup of coffee at 9.45 and then again at 11.15.
3. She often goes to the bank, the post office and then back to the office.
4. She works from nine to 12.
5. When she gets home she has a light lunch – just something on toast or salad.
6. On Mondays and Wednesdays Catherine and her husband go to Conway at about two o'clock.
7. Catherine's sister-in-law works in a shop in Conway.
8. Catherine goes swimming at five o'clock on Mondays.
9. When she gets home she watches the news on television.
10. Catherine normally goes to her friend's house on Monday evenings.
11. She gets home at about 10.30 and her husband gets home at 10.45.

### 3 Further Language Development

#### A. Extension exercise

1. Stephen is actually my second husband. We've only been married for two years.
2. Do you want half of this pie or just a quarter?
3. We've got some mushrooms growing in our garden, but we don't know whether we can eat them or not.
4. How would you like your egg? Fried or poached?
5. I normally drive to work, but sometimes I walk if it's nice weather.
6. There are 10 of us in one small office the size of your living room.
7. I'm going to make some tea. Would you like a cup?
8. I need to go to the bank to pay a cheque in, or I won't have any money next week.
9. Could you post this letter for me on your way to work?

10. What would you like for lunch today? Beans on toast or a pizza?
11. Do you feel like going for a walk? It's such a beautiful day.
12. I've only got two more days at work and then I'm going on holiday!
13. We need to get a bigger kitchen table so that we can all sit down together when our families come over.
14. We're going shopping tomorrow. Is there anything you need?
15. I used to go swimming two or three times a week, but then I got bored with it.

#### B. Words which go together

1. I normally have breakfast at 10 on Sundays.
2. I go to work by bus.
3. We make a pot of coffee every morning.
4. I don't feel like going out tonight.
5. Can we go home now? I'm tired.
6. I need to have a sit-down. I've been working in the garden for hours.
7. We usually do out neighbour's shopping as well because she's not very well.
8. I come home from the gym at seven o'clock and then have something to eat.
9. My friend and I go swimming on Tuesdays.
10. We don't normally go out on Friday evenings. We just stay at home and watch television.

## Unit 10 – Danny

### 1 Pre-Listening Comprehension

#### Normalisation – questions

1. 11 till 7
2. about 10 o'clock
3. a couple slices of toast and a cup of tea
4. 10 minutes

### 2 Listening Comprehension

#### Corrections

1. If it's raining Danny takes a bus to work. takes a cab
2. The first customer arrives at 11.15. at 11 o'clock
3. He is a Welshman called Alan. a Scottish man
4. Danny often has a bag of sweets for lunch. a bag of crisps
5. Sometimes Nick gives Danny a lift home after work. Mick
6. When he gets home, Danny has a sleep. has a shower.
7. He relaxes in the evenings by watching a film or listening to music on his iPod. on his PC.
8. Sometimes Danny cooks some chicken with rice or potatoes. with rice or pasta
9. Danny is staying with friends at the moment. with his father
10. He is living on Spruce Hills Street. Spruce Hills Road
11. His road is near the Town Hall and the church. the Town Hall and the college

### 3 Further Language Development

#### A. Extension exercise

1. I'm trying to save money at the moment because I'm going on holiday next month.
2. We're not allowed to make personal calls at work.
3. Do you want toast or bread and butter?
4. Can you wait a couple of minutes? I just want to change my shoes.
5. We usually go for a long walk after Sunday lunch if the weather is OK.
6. I'm going to get a cab home. It's too cold to wait for a bus.
7. We opened the shop at nine and our first customer came in at two minutes past.
8. Sorry, I didn't hear the bell. I had my music on too loud.

9. Would you like a lift home as it's raining? My car's just round the corner.
10. Would you like to come round for a meal sometime? I'm a really good cook.
11. I don't feel like watching television. Can we go out?
12. We normally have mint sauce with lamb, but the children hate it.
13. I'm feeling a bit peckish. Have we got anything to eat? I need something to tide me over until dinner.
14. Whenever I do a night shift then I get the next day off.

#### B. Transformations

1. The children are really (exciting) excited about Christmas.
2. I haven't got much money in my (save) savings account at the moment.
3. Is it going to (raining) rain tomorrow?
4. Why don't you sit over here? It's (nice) nicer in the sunshine?
5. The telephone (rings) rang for ages before he answered it.
6. Why don't you have a break? I think you're (work) working too hard.
7. We had a great time in Spain. It was the most (relax) relaxing holiday we've ever had.
8. Why is it boys never wash their necks (proper) properly?
9. I'm not (eat) eating eggs at the moment because I'm on a low cholesterol diet.
10. What is the main (ingredients) ingredient in béchamel sauce?

## Unit 11 – Danny

### 1 Pre-Listening Comprehension

#### Normalisation

1. second
2. small
3. Sea France and P&O Ferries

### 2 Listening Comprehension

#### Multiple choice

1. a tour bus
2. hotel
3. the beach
4. blue
5. stony
6. caves
7. he didn't have enough money
8. Calais
9. restaurants

### 4 Further Listening Practice

#### A. Linking

1. Can you tell me a bit about the town?
2. two big main companies: Sea France and P&O ferries
3. that's about it
4. The sea's surprisingly blue, for England.
5. But that's about all you can do...
6. There are parts of it that are nice.
7. Has it got a beach there?
8. Which is a bonus.

#### C. Discriminating between minimal pairs of sounds 1

1. I think we should leave/live here.
2. I can see you're sinking/thinking.
3. I can see he's down/his town.
4. What a beautiful arbour/harbour!
5. Isn't that right/white?
6. Which side/sight are you talking about?
7. What a wonderful beach/peach!

#### D. Contractions

1. It's mainly just a harbour town.
2. there aren't many to see
3. that's about it
4. it wasn't sand
5. but you don't know if they're still cave entrances
6. unless you've got transport

### E. Sentence stress

1. Now you used to live in Dover, I think?
2. It's mainly just a harbour town...
3. people go there to cross the Channel to France
4. you have the tour bus that goes round to see the sights of Dover
5. the castle's the main attraction
6. The view was nice.
7. But the beach was nothing special because it wasn't sand. It was stones.
8. There are parts of it that are nice.

### F. Recognising individual words in a stream of speech

1. but there aren't many to see
2. But not in the winter.
3. So it wasn't too comfortable.
4. It was quite expensive.
5. There are parts of it that are nice.

### H. Discriminating between minimal pairs of sounds 2

1. right, light, right, light, right
2. man, man, main, man, main
3. buzz, bus, buzz, bus, buzz
4. view, view, phew, view, phew
5. bin, been, been, been, bin
6. still, still, steel, steel, still
7. while, whirl, while, whirl, while

### I. Weak forms

1. I've never been to Dover.
2. not a lot of people there
3. basically people go there to cross the Channel
4. The sea's surprisingly blue, for England.
5. Now they talk about the White Cliffs of Dover.
6. A lot of restaurants.
7. You have the tour bus that goes round to see the sights of Dover.
8. If you just go over for the day, Calais's about as far as you can go.

### J. Gap-fill – elision

1. Now you used to live in Dover, I think.
2. You have the tour bus that goes round to see the sights of Dover.
3. It just takes you round the, round the beach area...

4. If you just go over for the day, Calais's about as far as you can go.

## 5 Further Language Development

### A. Extension exercise

1. I used to like sugar in my tea when I was young, but now I find it too sweet.
2. What is the population of London? Is it eight million?
3. The next ferry to Sweden leaves in half an hour.
4. There is a very nice sandy beach in Bournemouth which is wonderful for young children to play on.
5. I have a wonderful view of the sea from my office window.
6. These restaurants are all very expensive. Shall we go to a café instead?
7. My brother is a student at this college.
8. When the weather is very bad, most ships stay in the harbour.
9. I've got interviews next week with two different companies – one in Bristol and one in Birmingham.
10. I don't like swimming in the sea in this country because it's too cold. I prefer a swimming pool.
11. These stones hurt your feet, don't they? I wish I'd worn better shoes, but I didn't know we were going for a walk on the beach.

### B. Introduction to the present perfect simple

1. I (live) have lived here since 2005.
2. Peter (lose) has lost 10 kilos since he started that diet.
3. Sorry, I (use) have used all the milk.
4. We (buy) have bought a new car!
5. I (finish) have finished my homework at last.
6. I (post) have posted your letter.
7. Phil and Sam (move) have moved to New York.
8. Oh no! Yuko (leave) has left her mobile phone behind.
9. I (decide) have decided to get a new job.
10. Is it true you (stop) have stopped eating meat?

### C. Prepositions

1. I used to live in Chicago, but last year I moved to New York.
2. Tell me all about your holiday!

3. I can't come out tonight. I've got a lot of work to do.
4. My idea of a perfect holiday is lying on a beach with a good book.
5. It gets very cold here in the winter.
6. She's very grown-up for her age.
7. When we looked out of our window we saw the car was covered in snow.
8. Which part of Bulgaria do you come from?
9. We're going to Russia next month for a wedding.
10. Could you sit on the other side of Rachel?

### D. Transformations

1. What subject are you (student) studying at university?
2. How much does it cost to go from Dover to Clair by (ferries) ferry?
3. I've got a wonderful (surprisingly) surprise for your birthday!
4. Our hotel was right next to a beautiful (sand) sandy beach.
5. I don't like going to London in the summer because it's always full of (tour) tourists.

## Unit 12 – Catherine

### 1 Pre-Listening Comprehension

#### B. Normalisation – anticipating the next word

1. it has lots of visitors in summer
2. Lots of people go and watch it on a Saturday afternoon.
3. So can you see mountains from your house?
4. my friend loves to shop for clothes and things
5. Then I go out and meet a couple of my friends for coffee.

### 2 Listening Comprehension

#### A. Corrections

1. 'It's a little market town.'
2. Inigo Jones
3. 1636
4. in summer
5. in the autumn
6. on Saturdays
7. 'and fields [on] the other'

#### B. Gap-fill

1. Catherine can see mountains from the back of her house.
2. There are trees each side of the road from Llanrwst to Llandudno.
3. The road follows the river down to the sea.
4. There are beautiful hotels along the promenade in Llandudno.
5. Catherine goes to Llandudno at least once a week.

#### C. Questions

1. Asda
2. her friend
3. on Friday
4. It's a (little, tiny) pub
5. clothes
6. about half-past four

#### D. Corrections

1. 'And my poor husband is home doing the washing every week, which he loves.'
2. 'I do that first thing on a Saturday morning.'
3. for coffee
4. They meet from 11 to 12, i.e. one hour.

## 4 Further Listening Practice

### A. Sentence stress

1. It's a pretty little town.
2. it has lots of visitors in summer
3. beautiful colour in the autumn
4. There's a nice bowling green there.
5. Yes, it's a very pleasant place to live.
6. we have a day out on a Friday, usually
7. We do our shopping in Asda.

### C. Discriminating between minimal pairs of sounds 1

1. This river/liver is wonderful!
2. You need a watch/wash.
3. My back/pack is hurting.
4. You do the shopping/chopping and I'll do the cooking.
5. What a lot of clothes/crows!
6. He's always washing/watching his car.
7. You must dry/try this.

### D. Weak forms

1. What kind of place is it?
2. So can you see the mountains from your house?
3. So Llandudno is next to the sea, then...
4. Lots of people go and watch it on a Saturday afternoon.
5. What time do you come home from a day in Llandudno?
6. Then I go out and meet a couple of my friends for coffee.

### F. Discriminating between minimal pairs of sounds 2

1. town, down, town, down, town
2. hold, old, hold, hold, old
3. green, green, grin, green, grin
4. pack, pack, back, pack, back
5. very, ferry, very, ferry, very
6. nest, next, next, nest, next
7. called, cold, called, cold, cold

### G. 'um' for pauses

1. And um, it has lots of visitors in summer.
2. And there's a putting place on the um, the other side of the river.
3. Um, and they play cricket there...
4. We meet in a little old-fashioned café called the Hên Aelwyd...um, only 11 till 12.

**H. Recognising individual words in a stream of speech – dictation**

1. It's a pretty little town.
2. It has lots of visitors in summer.
3. And they sell cream teas...
4. Lots of people go and watch it on a Saturday afternoon.
5. So can you see mountains from your house?
6. Do you go there quite often?
7. Does your husband do the ironing as well?
8. I do that first thing on a Saturday morning.
9. Then I go out and meet a couple of my friends for coffee.

**J. Discriminating between minimal pairs of sounds 3**

1. build, built, build, built, built
2. team, team, Tim, Tim, team
3. live, leave, live, leave, leave
4. thirst, thirst, first, thirst, first
5. mitt, meet, mitt, mitt, meet
6. side, side, sight, side, sight
7. quite, quiet, quite, quiet, quite

**K. Linking**

1. Well, it's\_a little market town.
2. It's\_a pretty little town.
3. There's\_a river flowing through it...
4. it has lots\_of visitors\_in summer
5. There's\_a nice bowling green there.
6. Round the back\_of it, yes, easily.
7. 'Queen of Resorts\_of North Wales', they reckon.
8. Beautiful hotels\_along the promenade...
9. Once\_a week at least, yes.
10. And it's\_usually dry and folded by the time I get home.

**L. Gap-fill – elision**

1. Well, it's a little market town.
2. and an old bridge...
3. There used to be tennis courts there.
4. Round the back of it, yes, easily.
5. Yes, it's a very pleasant place to live.
6. So Llandudno is next to the sea, then...
7. take my friend...
8. We'll have gone about ten in the morning.

**5 Further Language Development**

**A. Extension exercise**

1. A place which is bigger than a village, but smaller than a city is called a town.
2. The best place to go fishing in this river is near the old bridge.
3. My sister lives in a tiny old cottage in the country.
4. What colour is your new car?
5. In the summer I play tennis and in the winter I play squash.
6. Lots of people watch television before they go to work.
7. The highest mountains in Norway always have snow on them, even in summer.
8. There is a big field behind my friend's house which is full of sheep.
9. The River Conway flows into the sea at Llandudno.
10. They say hotels in New York are very expensive. Even a cheap one costs at least \$100 a night.
11. Your feet are tiny! Mine are twice as big as yours!
12. My husband and I share the housework.
13. This plant is very dry. Shall I give it some water?
14. I've never been to Turkey.
15. We always go shopping on Thursdays.
16. How long have you been living in this flat?

**B. Gap-fill**

**Catherine:** We do (1) our shopping in Asda Park there. Go up town. Park there again. Have (2) lunch in a little... little tiny pub (3) called the Cottage Loaf. And then we do the shopping at the main (4) street, for my friend (5) loves to shop for clothes and things. (*laughs*)

**Interviewer:** What time do you come (6) home from a day in Llandudno?

**Catherine:** Oh, about (7) half-past four. We'll have gone about 10 in the morning. And my poor (8) husband is home doing the (9) washing, every week, which he (10) loves. And it's usually dry and folded by the (11) time I get home.

**Interviewer:** Does your husband do the ironing as well?

**Catherine:** No, no, no. I do that (12) first thing on a Saturday morning. Then I go (13) out and meet a couple of my (14) friends for coffee.



**C. The present simple and present continuous**

1. Can you speak a bit louder? Adrian (cut) is cutting the grass and I can't hear you very well.
2. Normally I (do) do all the cooking at the weekend.
3. My sister (study) is studying to be a lawyer.
4. We (go) go to Canada at least twice a year.
5. I usually (start) start work at 9, but sometimes I (go) go in earlier.
6. Sarah (play) is playing in the garden. Shall I get her for you?
7. This train (go) is going really slowly. I'm sure we're going to be late.

**D. Transformations**

1. This is the (pretty) prettiest village I've ever seen.
2. Who is the (old) oldest of your brothers and sisters?
3. This (built) building wasn't here when I was a girl.
4. Don't forget to (covered) cover the fish with milk before cooking.
5. I drew the picture and then Daisy (colour) coloured it in. Isn't it great?
6. Who's your favourite football (play) player?
7. I'm (watch) watching a really interesting programme. Can I call you back?
8. I think you'll find it's (easily) easier to open if you take the plastic off.
9. The best (shopping) shops are at the other end of High Street.
10. I like her new boyfriend. He's much (friend) friendlier than her last one.
11. Can you seek a (park) parking space anywhere?

## Unit 13 – Anders

### 1 Pre-Listening Comprehension

#### B. Normalisation – gap-fill

1. Anders came to Gothenburg to study at the university.
2. After his studies he got a job in Gothenburg.
3. He lives close to the water.
4. Gothenburg used to be famous for ship-building.
5. Sweden experienced a financial crisis in 1976.
6. The area where Anders lives was empty for a long time.

### 2 Listening Comprehension

#### A. Questions

1. a flat ('all of a sudden they started building er, flats, and er, luckily enough I, I live in one of those over there')
2. work ('you can actually take the ferry to work')
3. about 20 minutes
4. about four or five minutes

#### B. True/False

1. F – He says he can only see the water 'if I stand on my toes'.
2. T – He says it only takes 30 seconds to reach the waterfront.
3. F – The ferries go to Denmark and Germany, not Norway.
4. T – He says 'I see them more or less every day'.

#### C. Corrections

1. Åmål is about 200 miles north of Gothenburg. 200 kilometres north of Gothenburg.
2. It has around 50,000 inhabitants. 10 to 15,000 inhabitants.
3. Anders said it was possible to cycle anywhere in Åmål. 'you could walk anywhere'.
4. There was a big fire in Åmål in the 1800s. 'it was a wooden town, but it burnt down in the 1600s'.
5. There are still lots of wooden houses in Åmål from the old days. only a few of these houses left.
6. Lake Vänern is the biggest lake in Sweden. the second-biggest lake in Sweden.

#### D. Gap-fill

1. Anders goes to visit his mother in Åmål regularly.
2. He goes to see her in Åmål more often than she comes to visit him in Gothenburg.
3. This is because she's quite elderly and she finds it difficult to walk and to sit in a car or get on a train.
4. Anders and his mother often speak to each other on the phone.

### 4 Further Listening Practice

#### A. Recognising individual words in a stream of speech – dictation

1. They used to build ships in Gothenburg.
2. but I moved away from there when I was in my 20s
3. Can you see the water from where you live?
4. You had everything you needed.
5. Yes, I've still got my mother up there.
6. She's quite old and she finds it difficult to walk.

#### C. Discriminating between minimal pairs of sounds 1

1. is, his, his, is, his
2. right, right, light, light, right
3. think, think, sink, sink, think
4. live, leave, live, leave, leave
5. hat, had, hat, had, hat

#### D. Contractions

1. and I've lived there ever since I started university...
2. It's about four or five minutes, so you can't complain.
3. That's quite nice.
4. the biggest ones don't go into town
5. they're too big
6. So you said it's 200 kilometres north of Gothenburg.
7. Yeah. That's the second-biggest er, lake in Sweden.
8. That's a bit confusing.
9. I've still got my mother up there...
10. she's quite old.

#### F. Discriminating between minimal pairs of sounds 2

1. jeers, years, jeers, years, years
2. north, Norse, north, Norse, Norse
3. hold, old, hold, old, old

4. back, pack, back, pack, back
5. grew, grew, glue, grew, glue

### G. Simplification – weak forms

1. the western part of Sweden
2. but I moved away from there when I was in my 20s
3. I moved to Gothenburg.
4. the area was empty for years and years
5. and then all of a sudden they started building er, flats
6. you can actually take the ferry to work
7. nothing of that kind

### I. Discriminating between minimal pairs of sounds 3

1. rake, lake, lake, rake, lake
2. still, still, steel, still, steel
3. but, but, putt, putt, but
4. set, said, set, said, said
5. hall, all, hall, hall, all

### J. Simplification – elision

1. when I wanted to start my studies
2. I moved to Gothenburg...
3. I've lived there ever since I started university...
4. it's about twenty/20 minutes
5. you can't complain
6. the biggest ones don't go into town
7. Yeah. That's the second-biggest er, lake in Sweden.
8. That's a bit confusing.
9. Do you ever go back to Åmål?

## 5 Further Language Development

### A. Extension exercise

1. I'm going home – I'm really tired.
2. That park over there is where I used to play football when I was a kid.
3. We moved here two years ago because we wanted a home with a garden.
4. I'm starving! I haven't had anything to eat since breakfast.
5. I love swimming, but I hate going under the water.
6. The Government is going to build another 100,000 homes for the needy over the next five years.
7. I need to get some more petrol – the tank's nearly empty.

8. We started off in Athens and then we took a ferry to a nearby island.
9. I know it rained yesterday, but the weather's been wonderful for the past month or so, so we can't complain.
10. The instructor began the lesson by telling us to bend over and touch our toes.
11. We had the picnic under a tree because it was too hot to sit in the sun.
12. I'm sorry – I've burnt the toast again.
13. Is there any mashed potato left? I'm really hungry.
14. At the top of the mountain there's a lake where you can go swimming or sailing in summer.
15. The road signs were a bit confusing so I got lost twice, but I was only 20 minutes late.

### B. Verbs in the simple past

1. We (move) moved here in 2005.
2. When I was young I (want) wanted to be a train driver when I (grow) grew up.
3. I (stop) stopped eating meat when I (be) was 17.
4. I (have) had to stay late at work yesterday because I (need) needed to finish a report.
5. When I (be) was young I (can) could cycle up this hill without stopping!
6. Where's Peter got to? He (say) said he would be here at eight.

### C. Prepositions and adverbs

1. Where do you come from?
2. We live in north-east London.
3. I haven't seen you for ages.
4. Would you like some milk with your tea?
5. Can you get your dog away from the food, please?
6. I've been waiting for a bus since six o'clock.
7. Come round to my place tonight and tell me all about your holiday.
8. It's a beautiful house, but it's very near a main road, so there's always a lot of traffic noise, even at night.
9. How far is it from your house to the town centre?
10. I was walking along the street on my way to work when suddenly I walked into a lamp-post.
11. I can see Notre Dame Cathedral from my office window!
12. Someone stood on my toe on the subway and now it's black and blue.

13. I walked up and down the market for hours yesterday looking for strawberries.
14. Brighton is about 60 miles south of London on the south coast.
15. This garden reminds me of the one my grandmother had when I was growing up.
16. I need to go back home. I think I left the window open.
17. My son's always on his mobile phone these days.

## Unit 14 – Jackie

### 2 Listening Comprehension

#### Gap-fill

1. Carlyon Bay is right on the coast.
2. Jackie and her husband live up the fields from a small village.
3. There is a beautiful harbour below them.
4. It's called Charlestown Harbour.
5. They keep 'tall ships' down in the harbour.
6. These are very old ships which they use when they make films.
7. They filmed 'Mansfield Park' near where Jackie lives, and the last Three Musketeers film.
8. Near the harbour there is also a beach.
9. There are beautiful sandy beaches all around Carlyon Bay.
10. Jackie says the whole area is wonderful, but very touristy.
11. A lot of people come to Cornwall on holiday.
6. We're just been to that new Mexican restaurant. It was brilliant!
7. What's your new manager like? Do you get on with her?
8. We live about five minutes from the train station, so we can pick you up if you like.
9. My best friend lives down the road, so we see a lot of each other.
10. My cousin has travelled all over the world.

### 3 Further Language Development

#### A. Extension exercise

1. I've never been to Sweden. What's it like?
2. Come you tell me what you did at school today.
3. I grew up in a little village in the country, but I moved to London when I was 20.
4. The place we were staying in was right next to a harbour full of little fishing boats.
5. I think they should make a film about your life. You've done so many interesting things.
6. I prefer sandy beaches to ones with stones.
7. There are lots of sheep in the fields behind our house.
8. My favourite city in the world is Munich.
9. That's the last time I lend you any money!
10. Shall we invite Anders as well?

#### B. Prepositions and adverbs

1. Which US state is Boston in? Is it Massachusetts?
2. We're going on holiday to Switzerland next week.
3. We've got a little holiday cottage on the west coast of Scotland.
4. This is the best knife for peeling potatoes.
5. When I have a day off I love walking around the shops.

## Unit 15 – Tammy

### 1 Pre-Listening Comprehension

#### Normalisation

1. Chilliwack is a very small town outside Vancouver.
2. It's surrounded by mountains, rivers and lakes.
3. It's a very pretty farming community.
4. Chilliwack is about 65 miles from Vancouver.

### 2 Listening Comprehension

#### Gap-fill

1. Tammy says Vancouver is a really pretty city.
2. It's surrounded by mountains.
3. It overlooks the ocean and the bay.
4. The University of British Columbia is on a peninsula.
5. English Bay is where all the ships wait to come into the harbour.
6. Vancouver has some beautiful bridges.
7. The Lion's Gate Bridge begins in Stanley Park.
8. This is in the heart of Vancouver.
9. The Lion's Gate Bridge ends on the North Shore.
10. All the rich people live there in their big, fancy houses.
11. There are two ski hills in Vancouver: The Cypress Bowl and Grouse Mountain.
12. They have night skiing there all winter.
13. The oldest part of Vancouver is called Gastown.
14. The oldest hotel in Vancouver is about 70 years old.

### 3 Further Language Development

#### A. Extension exercise

1. What's your cat called?
2. Shall I wait outside in the car?
3. My father grew up in Southampton, but he moved to Bristol when he was 18.
4. Could I just have a small piece of cake, please? I'm not very hungry.
5. Can you wait for me? I just need to change my shoes.
6. There's a little park near us where the kids play football on Saturdays.
7. You know what they say – cold hands, warm heart!

8. They're not rich, but they have enough money to live comfortably.
9. We had loads of snow last winter.

#### B. Prepositions and adverbs

1. I think children grow up too quickly these days.
2. They live in a little village surrounded by hills.
3. Why don't you come in out of the cold?
4. How long does it take you to get home from work?
5. She's got a wonderful apartment in the centre of Washington DC.
6. If you stand in our kitchen you get a beautiful view across to the other side of the valley.
7. Do you get lots of rain here in winter?
8. This restaurant is just as nice as the Peking Chef and it's half as expensive.
9. I left Martin at home because he isn't feeling at all well.