

# Contents

Introduction	6
--------------	---

---

## My Family

Unit 1	<b>Tecwyn</b> Tecwyn is originally from North Wales, but he emigrated to Canada in his 20s. He now lives in Vancouver, on the west coast of Canada.	8
Unit 2	<b>Yasmin</b> Yasmin was born in Pakistan but her family emigrated to England when she was a child. She now lives in Huddersfield, in northern England.	22
Unit 3	<b>Scott</b> Scott comes from Australia and is currently working in London for a few years before returning there.	36

## Supplementary Units

Unit 4	<b>Carol</b> Carol comes from Dublin, the capital of the Republic of Ireland. She now lives in a small coastal town in Essex, in southeastern England.	48
Unit 5	<b>Barbara</b> Barbara lives in Paderborn in northern Germany. Her husband is from Chile and Barbara speaks fluent Spanish and English.	56

---

## A Typical Day

Unit 6	<b>Andrew</b> Andrew is from East London. He is a psychology student at Birmingham University, but he is currently spending a gap-year gaining work experience.	64
--------	--	----

<b>Unit 7</b>	<b>Tammy</b> Tammy comes from Canada, but she now lives in east London where she is a senior theatre nurse in a busy hospital.	<b>78</b>
---------------	---	-----------

<b>Unit 8</b>	<b>Caroline and Martin</b> Caroline and Martin both do backstage theatre work in London. They met while they were studying to become theatre technicians at RADA (the Royal Academy of Dramatic Art).	<b>92</b>
---------------	--	-----------

## Supplementary Units

<b>Unit 9</b>	<b>Anne</b> Anne comes from the Midlands in the UK, but she recently moved to the Greek island of Crete where she works as a holiday rep for a British travel operator.	<b>112</b>
---------------	--	------------

<b>Unit 10</b>	<b>Fernand</b> Fernand comes from Belgium but he is currently working at a gentleman's club in central London.	<b>122</b>
----------------	---	------------

---

## A Place I Know Well

<b>Unit 11</b>	<b>Scott</b>	<b>132</b>
----------------	--------------	------------

<b>Unit 12</b>	<b>Ingse</b> Ingse comes from Bergen in Norway, but she has lived, worked and studied in the UK and Germany.	<b>144</b>
----------------	---	------------

<b>Unit 13</b>	<b>Anne</b>	<b>160</b>
----------------	-------------	------------

## Supplementary Units

<b>Unit 14</b>	<b>Jill</b> Jill comes from North Wales but she now lives in London. She has lived and worked abroad, most recently in California.	<b>174</b>
----------------	---	------------

<b>Unit 15</b>	<b>Barbara</b>	<b>184</b>
----------------	----------------	------------

# UNIT 1 Scott



## 1. Pre-Listening Comprehension

### A Schema building

Scott is a 23-year-old man from Australia. How much do you know about Australia? Circle the correct answer.

1. Australia is the **fourth** / fifth / sixth largest nation in the world.
2. About 30 / 50 / 70 percent of the population of Australia live in the country's 10 largest cities, mainly on the eastern seaboard and in the south-eastern corner.
3. Residents of Australia born overseas make up about **one quarter** / one half / two thirds of the population.
4. The capital of Australia is **Canberra** / Sydney / Adelaide.

## B Discussion

Discuss the questions in small groups. Share your answers with the class.

1. Do you know anything else about Australia?
2. Why do you think Scott decided to leave Australia and go to live in London?
3. Do you know what an Australian accent sounds like?

## C Normalisation



This exercise is designed to help you get used to Scott's voice. Before you listen, try to predict which words, or which types of words (nouns, adjectives, prepositions, parts of verbs, etc.) will fit in the gaps. Then listen and check your answers.

1. Maida Vale is \_\_\_\_\_ from Regent's Park.
2. Scott \_\_\_\_\_ to Maida Vale just over a \_\_\_\_\_ ago.
3. He says Maida Vale is \_\_\_\_\_ a \_\_\_\_\_ nice part of London.
4. It's very \_\_\_\_\_.
5. The \_\_\_\_\_ are very wide.
6. \_\_\_\_\_ lives in mansionettes.
7. When you \_\_\_\_\_ down the \_\_\_\_\_, every house \_\_\_\_\_ exactly the same.
8. Mansionettes are something the \_\_\_\_\_ are keen on, according to Scott.
9. A mansionette is \_\_\_\_\_ a block of two- or three-\_\_\_\_\_.
10. Scott's address is \_\_\_\_\_ Elgin Mansions and there is another \_\_\_\_\_ next \_\_\_\_\_ called Biddulph Mansions.



## 2. Listening Comprehension

### A Questions



In this first exercise, Scott talks about Maida Vale and the apartment he shares. Listen and answer the questions.

1. What are mansion blocks in Maida Vale made from?
2. What is Maida Vale full of?
3. How many people live in Scott's apartment altogether?
4. Describe them:

- 
5. How many single and double bedrooms are there?
  6. Which rooms do Scott and his flatmates share?
  7. Why do young people in London tend to share flats?

### B Gap-Fill



Scott talks some more about flat-sharing. Before you listen, try to predict which words, or which **types** of words (nouns, adjectives, prepositions, parts of verbs, etc.) will fit in the gaps. Then listen and check your answers.

1. Scott says he's quite \_\_\_\_\_ because he and his flatmates \_\_\_\_\_ on well.
2. They live like a \_\_\_\_\_.
3. They \_\_\_\_\_ the cooking.
4. When Scott first \_\_\_\_\_ to London he wanted to live somewhere a bit \_\_\_\_\_.
5. At one time he was \_\_\_\_\_ with up to \_\_\_\_\_ people.

### C Questions



Scott talks about his previous accommodation. Listen and answer the questions.

1. Which countries did Scott's flatmates in his first flat come from?
2. In which part of London was Scott's first flatshare?

## D Gap-Fill



Scott talks about how happy he is living in Maida Vale. As with Exercise B, try to predict which words, or which **types** of words (nouns, adjectives, prepositions, parts of verbs, etc.) will fit in the gaps. Then listen and check your answers.

1. Scott says it was great \_\_\_\_\_ sharing with lots of people, but it got a bit much after a \_\_\_\_\_.
2. Scott says where he lives now is \_\_\_\_\_ to his first flatshare.
3. He isn't \_\_\_\_\_ to move any time \_\_\_\_\_.
4. Scott says he certainly \_\_\_\_\_ to buy a house in Maida Vale.
5. Another word for rich is '\_\_\_\_\_':
6. Maida Vale is quite near St. \_\_\_\_\_, which is \_\_\_\_\_ distance to Lords cricket ground.
7. Scott is a cricket \_\_\_\_\_.

## E Questions



Scott talks about making the most of where you live. Listen and answer the questions.

1. Which other area is Maida Vale close to?
2. What does London have a lot of?
3. When does Scott like walking from Maida Vale to Regent's Park and Camden Town?
4. Where did Scott move to Maida Vale from?
5. Which water sport did Scott take up when he lived there?
6. Where did he use to go running?

## F Gap-Fill



Scott talks about exercise. As with Exercises B and D, try to predict which words, or which **types** of words, will fit in the gaps. Then listen and check your answers.

1. The interviewer asks if Scott is \_\_\_\_\_ down as he gets \_\_\_\_\_.
2. She points out that before moving to Maida Vale, Scott used to go \_\_\_\_\_ along the \_\_\_\_\_.
3. Now he spends his free time \_\_\_\_\_ along the canal bank and \_\_\_\_\_ cricket.
4. Scott admits he is doing less \_\_\_\_\_ than he was two years ago.

### 3. Interesting Language Points

#### A Using the present simple and the present continuous

We generally use the present simple to talk about facts and things that happen regularly. Look at how Scott uses the present simple in the following excerpts from the interview:

*At the moment I live in Maida Vale.*

*Everyone lives in mansionettes, so you walk down the street and every house looks exactly the same.*

We generally use the present continuous when we are talking about things that are happening at the moment, as in these excerpts:

*I'm not planning to move any time soon.*

*Do you think you're slowing down as you're getting older?*

*Now you're walking along canal banks...*

*I'm certainly doing less exercise than I was two years ago...*

#### B Using the simple past and the past continuous

We use the simple past to talk about completed actions in the past. We often use the simple past with a time expression, as in this excerpt:

*I moved there about a year... a bit over a year ago.*

We use the past continuous when we are talking about an action which continued for some time in the past, as in this example:

*'This time last year I was living in Tokyo.'*

We often use the simple past and the past continuous together to indicate that a longer action was interrupted by a shorter action:

*'I was having a bath when you called, that's why it went to voicemail.'*

*'We were walking home last night when suddenly it started to snow.'*

Now look at how Scott and the interviewer use the past continuous in these excerpts from the interview:

*When I first got to London, obviously I was looking for something a bit cheaper.*

*Well, first you were jogging and things on the river. Now you're walking along canal banks...*

## C The Australian accent and the letter *i*



Australian native speakers tend to pronounce the letter *i* with more rounded lips and a more curled tongue than British native speakers so that it almost sounds like the letter *o* is followed by the letter *i*, as in the word *toy*. Listen to how Scott pronounces the letter *i* in the following excerpts:

1. very... um, wide streets
2. It's certainly a term I wasn't familiar with until I came to London.
3. I'm certainly doing less exercise than I was two years ago.

## D The Australian accent and rising intonation



Australian native speakers often use rising intonation for statements when British native speakers would use falling intonation, although nowadays many young British native speakers also use rising intonation for statements. Listen to how Scott pronounces these excerpts from the interview:

1. at the moment I live in Maida Vale ↗
2. there's particularly a lot of rich, rich houses there ↗
3. it's also close to an area called Little Venice ↗





## 4. Further Listening Practice

### A Recognising sentence stress



Stressed words are the most important in spoken English because they carry the most meaning. Which words do you think Scott stresses in the following extracts? Underline them. Then listen to check your answers.

1. It's certainly a term I wasn't familiar with until I came to London
2. so my address is 96 Elgin Mansions
3. Maida Vale is full of three or four-bed... three or two-bedroom apartments, basically.
4. I live in a three-bedroom one.
5. there's a couple in the main room
6. we share the living room and we share kitchen and we share bathroom
7. But er, when I first got to London obviously I was looking for something a bit cheaper, even then.
8. I certainly couldn't afford to buy a house there.
9. So yeah, it is quite a, quite an affluent area.
10. I'm certainly doing less exercise than I was two years ago.

### B Linking

Linking occurs when the end of one word runs into the start of the next word. It is very common in informal spoken English, but less so in more formal English, such as speeches or lectures.

The most common linking occurs between the letter -s at the end of a word when the next word begins with a vowel, as in these excerpts from the interview:



1. *Everyone lives\_in mansionettes.*
2. *every house looks\_exactly the same*
3. *there's\_a couple in the main room*

However, linking also occurs with other sounds. Mark where linking occurs in these excerpts from the interview, then check your answers with your teacher:



1. *I live in Maida Vale, which is not far from here at Regent's Park and the Academy...*
2. *It's basically a block of um, apartments – two or three-bedroom apartments – stacked on top of each other.*
3. *And they're often referred to as 'mansions.'*
4. *So your address is 96 Elgin Mansions...*
5. *And it's also close to an area called Little Venice*

## C Features of spoken English: elision and the glottal stop



When speaking quickly in English, people often miss out individual sounds at the ends of words – a process known as *elision*. For example, a speaker will say *las' night* instead of *last night*, *jus' got here* instead of *just got here*, or *trie' to* instead of *tried to*.

Another feature of natural spoken English is the *glottal stop*. The glottal stop occurs when the speaker constricts his or her throat and blocks the air stream completely. This results in the speaker not pronouncing fully the *-t* sound at the end of words such as *got* or *lot*, or the *-t-* sounds in words such as *bottle* or *kettle*.

This gap-fill exercise focuses on words which you probably know already, but whose pronunciation has changed because of elision or Scott's use of the glottal stop.

Try to fill in the gaps before you listen to the excerpts, and discuss your predictions with your teacher. Then listen and fill in the gaps.

1. I \_\_\_\_\_ there about a year... a \_\_\_\_\_ over a year ago.
2. it's actually a really nice \_\_\_\_\_ of London
3. And they're often \_\_\_\_\_ to as 'mansions'.
4. so I \_\_\_\_\_ know exactly what the definition of a mansionette is
5. \_\_\_\_\_ people renting in London – certainly people of my age – if they're renting \_\_\_\_\_ to be sharing with someone
6. \_\_\_\_\_ because the, the, the rent in London is quite expensive
7. we \_\_\_\_\_ on well
8. I was looking for something a \_\_\_\_\_ cheaper even then
9. which was \_\_\_\_\_ fun
10. so I think what I've \_\_\_\_\_ now is luxury \_\_\_\_\_ to that
11. by sharing a house with a few others we can \_\_\_\_\_ to rent there
12. it's also close to an area \_\_\_\_\_ Little Venice
13. so I \_\_\_\_\_ to make the most of the river by taking up rowing and going for runs along the river
14. Regent's Park and Lords are the \_\_\_\_\_ of highlights of that area.
15. I'll probably \_\_\_\_\_ back into running er, when the weather picks up a \_\_\_\_\_

### A Extension exercise

Fill in the blanks in these new sentences with words you heard during Scott's interview. The words are listed in the box to help you. One of the words is used twice.

crammed	distance	door	for	get	keen
most	part	rent	share	single	term

- I specifically asked for a \_\_\_\_\_ room, not a double.
- I know you're not very happy being away from your family, but you've got to try to make the \_\_\_\_\_ of your time here.
- Do you \_\_\_\_\_ on well with your mother? I always argue with mine.
- I won't have any cake, thanks. I'm not very \_\_\_\_\_ on sweet things.
- It was a wonderful flat, but the \_\_\_\_\_ was too much for me on my own, so now I'm trying to find somewhere cheaper.
- Do you know the meaning of the Latin \_\_\_\_\_ *tempus fugit*?
- It's a beautiful day. Would you like to go \_\_\_\_\_ a walk?
- You can \_\_\_\_\_ my umbrella if you like. It's big enough for two.
- In which \_\_\_\_\_ of Paris do you live? Perhaps I know it.
- When we go away we always get the people next \_\_\_\_\_ to feed our cat.
- At my last job there were nearly 20 of us \_\_\_\_\_ into one small office the size of my living room.
- Our flat is walking \_\_\_\_\_ from the tube, so we hardly use the car during the week.

### B Phrasal verbs

Scott uses a number of phrasal verbs in his interview. A *phrasal verb* is a verb followed by a preposition or adverb or both which changes the meaning of the main verb, as in this example:

*'When are you going to give up smoking?'*

Insert the missing preposition in each sentence. The phrasal verbs are taken from Scott's interview:

- My parents took \_\_\_\_\_ golf when they retired.
- Do you get \_\_\_\_\_ well with your brother?
- I didn't open a book all summer, so it's going to be hard to get back \_\_\_\_\_ studying again.

4. As soon as the weather picks \_\_\_\_\_ I'm going to start cycling to work.
5. At last! I've been looking \_\_\_\_\_ that sock for ages.

## C Colloquial English

Scott uses lots of colloquial English words and phrases in his interview. Colloquial English is found in informal spoken and written English, for example, when friends chat or write emails.

Try to fit the words in the box into the sentences below. Two of the words are used twice:

afford	age	at	bit	fun	lucky
most	much	same	stage	while	

1. I can't really \_\_\_\_\_ that much. Have you got anything a \_\_\_\_\_ cheaper?
2. We're very \_\_\_\_\_ because our flat is walking distance from where we work.
3. You look exactly the \_\_\_\_\_ as when we were students! You haven't changed a bit.
4. I left home a \_\_\_\_\_ over a year ago, but I still miss my family.
5. I don't really like living out in the suburbs, but it's all I can \_\_\_\_\_, so I'm trying to make the \_\_\_\_\_ of it.
6. The party was great \_\_\_\_\_, but I had to leave early to get the last bus home.
7. The snow looked beautiful at first, but it got a bit \_\_\_\_\_ after a \_\_\_\_\_.
8. I'm a bit busy \_\_\_\_\_ the moment. Can I call you back?
9. I don't see the problem! Most people my \_\_\_\_\_ stay out late on Friday nights. Why should I be any different?
10. At one \_\_\_\_\_ I was thinking of giving up university and getting a job, but I'm glad I didn't.

- I: Can you tell me where you live in London?
- S: OK, yes. Er, at the moment I live in (1) Maida Vale, which is not far from here at (2) Regent's Park and (3) the Academy. Um, I moved there about a year... (4) a bit over a year ago. So it's a... it's actually a really nice part of London. Very quiet, very... um, wide streets. Everyone lives in (5) mansionettes, so you walk down the street and every house looks exactly the same – or every block of apartments looks exactly the same.
- I: Did you say 'mansionettes' or?
- S: Yeah, mansionettes. Um...
- I: What do you mean by...?
- S: Er, that's (6) the term... It's certainly a term I wasn't familiar with until I came to London. Er... I think it's... I think the French um, are particularly (7) keen on mansionettes. It's (8) basically a block of um, apartments, two or three-bedroom apartments, (9) stacked on top of each other.
- I: Mhm, mm.
- S: And they're often referred to as 'mansions'. So my address is 96 Elgin Mansions, which is a block of apartments. And then next door is another block called Biddulph Mansions, but they're all er... So your address is 96 Elgin Mansions, Elgin Avenue, London.
- I: I see.
- S: Um, so I don't know exactly what the definition of a mansionette is, but um, I use it to refer to the (10) red-brick-type housing that we have in Maida Vale which is um, three or four... Maida Vale is full of three or four-bed... three or two-bedroom apartments, basically and I, I live in a three-bedroom one with um, three other people, so there's (11) a couple in the main room and then there's me and another um, single (12) guy in the other single room.
- I: So do you share a living room and a kitchen?
- S: We, we share the living room and we share kitchen and we share bathroom. Um, most people (13) renting in London – certainly people of my age, if they're renting – (14) tend to be sharing with someone er, just because the, the, the rent in London is quite expensive um, so... I'm quite lucky – I've got a lovely place and um, I'm only sharing with three other people and we, we get on well and we live like a family, really. We share the cooking. But er, when I first got to London (15) obviously I was looking for something a bit cheaper even then and I was sharing with... up to ten people (16) at one stage – ten (17) Aussies, (18) Kiwis, Germans (19) all crammed into one place in (20) Shepherd's Bush. So that was my first experience of... which was (21) great fun, but er, (22) it gets a bit much after a while. It's pretty much like living in a, in (23) a hostel.
- I: Yes.
- S: Er, so I think what I've got now is luxury compared to that and I'm very happy with Maida Vale and it's close to everything so um... Yeah, I'm not planning to move any time soon.
- I: It's quite a rich area, I think.
- S: Yeah, yeah. (24) I certainly couldn't afford to buy a house there. Um, but by sharing a house with a few others we can afford to rent there. So yeah, it is quite a, quite an (25) affluent area. Er, it's not far from (26) St John's Wood which is... there's particularly a lot of rich, rich houses there.
- I: Mhm, mm.
- S: Um, and it's walking distance to Lord's cricket ground which, for me as a cricket fan, is a good thing. And it's also close to an area called Little Venice which is... er, which I never knew existed in London, but there's a lot of (27) canals around London with um, with, like, canal boats like um, (28) gondolas, basically, er, similar to Venice, so they call it Little Venice and er, that's a nice place to visit, too.
- I: So have you walked round at all?
- S: Yeah, yeah, I walk along the canals um, in summer. You can walk all the way along the canals to Regent's Park, (29) Camden Town. So it's all about making the most of the area that you're living in at the time, so (30) prior to this I was in, in (31) Hammersmith which is on (32) the Thames, so I tried to make the most of the river by (33) taking up (34) rowing and going for runs along the river. So now, um, Maida Vale, it's the canals and Regent's Park and Lords are the sort of highlights of that area.
- I: Do you think you're slowing down as you're getting older, 'cos er...?
- S: Not planning to!
- I: Well, first you were (35) jogging and things along the river. Now you're walking along the canal bank...
- S: I see what you mean, yes!
- I: ... and watching cricket.
- S: Er, um, yeah, I've, I'm certainly doing less exercise than I was two years ago, but um... yeah, that's just (36) a cyclical thing with me and (37) I'll probably get back into running er, (38) when the weather picks up a bit – might start doing a bit more of that.

## 7. Words and Phrases

- 1 **Maida Vale** – an area of north London which lies between Paddington, St John's Wood and Kilburn
- 2 **Regent's Park** – the area around the Royal Park in the northern part of central London
- 3 **the Academy** – the interview took place at the Royal Academy of Music in London
- 4 **a bit over** – slightly over (in this case maybe a year and one or two months)
- 5 **mansionettes** – houses which look like mansions from the outside, but which contain separate flats/apartments
- 6 **the term** – the expression
- 7 **keen on** – like something
- 8 **basically** – an adverb used when giving a simple explanation of something
- 9 **stacked on top of each other** – one flat is on top of the other
- 10 **red-brick** – bricks are hard blocks of baked clay used to build houses, walls, etc.
- 11 **a couple** – two people who are considered together, usually in a romantic relationship
- 12 **guy** – an informal word for a man
- 13 **renting** – paying money to live somewhere
- 14 **tend to be sharing with someone** – are often/usually sharing with someone
- 15 **obviously** – clearly, evidently
- 16 **at one stage** – at one time in his life
- 17 **Aussies** – an informal word for people from Australia
- 18 **Kiwis** – an informal word for people from New Zealand (because a bird called the kiwi is the native bird of New Zealand)
- 19 **all crammed into one place** – the flat was full of people
- 20 **Shepherd's Bush** – a district of west London which borders Hammersmith
- 21 **great fun** – a good laugh; I enjoyed myself
- 22 **it gets a bit much after a while** – it becomes a bit difficult over time
- 23 **a hostel** – a very cheap type of hotel where each room contains two or more beds
- 24 **certainly couldn't afford to buy a house there** – he doesn't have enough money to buy a house there
- 25 **affluent** – describing an area where people have a lot of money
- 26 **St John's Wood** – a district of northwest London near Regent's Park
- 27 **canals** – waterways which have been created by digging passages out of the ground
- 28 **gondolas** – narrow boats with flat bottoms found in Venice, which Scott thinks are similar to the narrow boats found on London's canals
- 29 **Camden Town** – an area of northwest London close to Regent's Park
- 30 **prior to this** – (formal) before this
- 31 **Hammersmith** – an area in west London on the north bank of the River Thames
- 32 **the Thames** – the river which flows through London (pronounced 'Temse')
- 33 **taking up** – starting an activity
- 34 **rowing** – sitting in a boat and pulling on oars to move it through the water
- 35 **jogging** – running slowly and steadily in order to exercise
- 36 **a cyclical thing** – something which happens in cycles, i.e. something he does every few years
- 37 **I'll probably get back into running** – I'll probably start running regularly again
- 38 **when the weather picks up a bit** – when the weather improves (The interview took place in winter.)