

Feelings

The phrasal verbs in these exercises all relate to feelings such as anger, pleasure and sadness, and the things that people do when they have these feelings.

1 Match the phrasal verbs (1–6) with their meanings (a–f).

1 scare away *b*

2 crack up

3 lighten up

4 be bowled over

5 blow away

6 bottle up

a to be very impressed or surprised because someone or something is so beautiful or exciting

b to frighten an animal or person so that they go away


c to make someone feel extremely surprised and impressed

d to make an effort not to show a feeling such as anger or sadness over a long period of time

e to suddenly start to laugh a lot

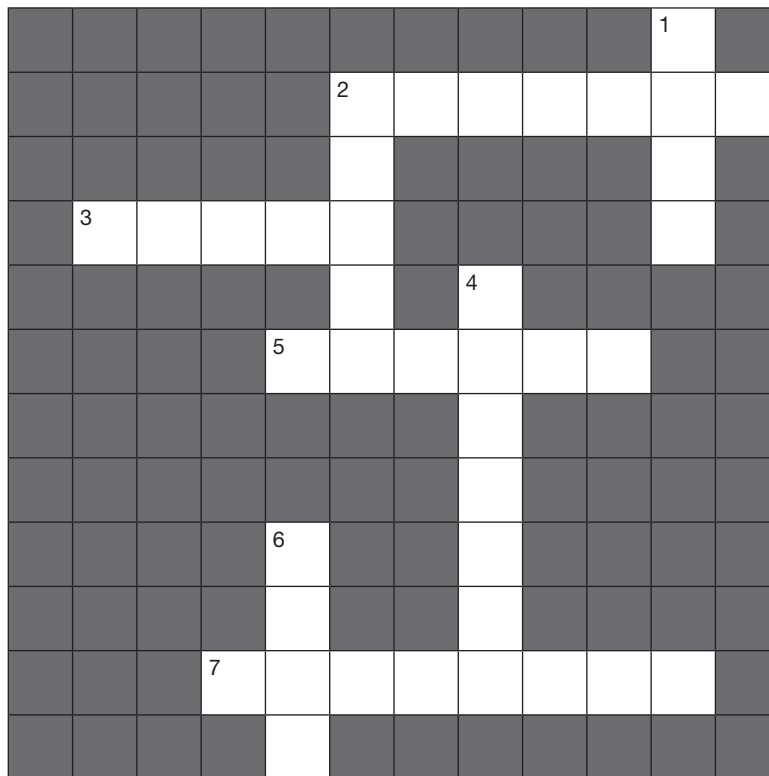
f to start to be less serious and more relaxed

2 Match the sentence halves. They contain phrasal verbs from exercise 1.

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|--|-----------------------------------|
| 1 Maria is so funny. When she tells a joke or a story | a scare away the birds. |
| 2 Don't make a noise or you'll | b lighten up! |
| 3 Oh don't look so serious, William. It's a party – come on, | c blew me away. |
| 4 I thought her performance was amazing – I was really | d I just crack up! |
| 5 My mother is very open and emotional but my father | e bottles up his feelings. |
| 6 I loved the movie – it really | f bowled over by it. |
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3 Complete the sentences with these words. Use the correct form of the verb. Then complete the crossword.

cheer stress perk fall drag tear bottle burst



Across

- 2 He never even took part in the race. He was going to but he *bottled* **out** at the last minute!
- 3 **up**! Don't look so sad – it's really not that bad.
- 5 She looked very anxious. All the preparations for the wedding are starting to her **out**.
- 7 She seems very unhappy. I think all the trouble with her son is her **down**.

Down

- 1 When I explained the joke, everyone **about** laughing!
- 2 I told my little daughter that he wasn't coming and she **into** tears.
- 4 Her son is very ill and it's her **apart**.
- 6 He seemed a little sad and I thought he might **up** if I offered him dinner.

Feelings – Answer key

Exercise 1

- 1 b
- 2 e
- 3 f
- 4 a
- 5 c
- 6 d

Exercise 2

- 1 d
- 2 a
- 3 b
- 4 f
- 5 e
- 6 c

Exercise 3

Across

- 2 bottled
- 3 cheer
- 5 stress
- 7 dragging

Down

- 1 fell
- 2 burst
- 4 tearing
- 6 perk